



Student Class Schedule

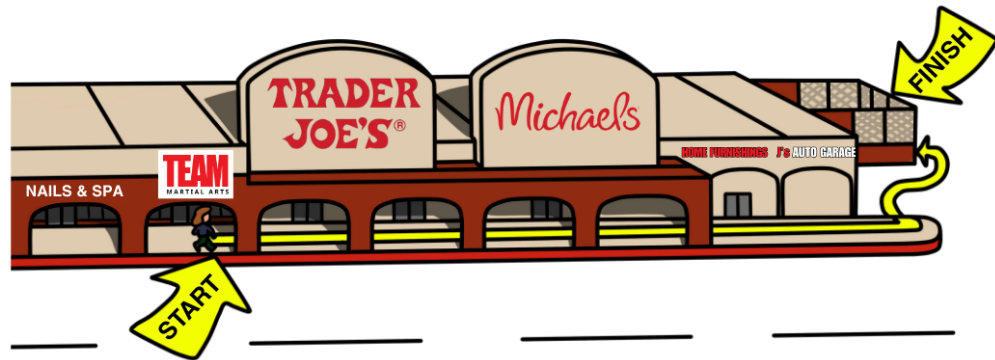
Effective October 6, 2025

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	MON	TUES	WED	THUR	FRI	SAT	SUN	
Champions Age 3.5 to 6	4:30-5:00p	4:00-4:30p	4:30-5:00p	4:00-4:30p		10:00-10:30a		
Youth - Ages 7-12								
New Students White Belts	5:00-5:30p	5:30-6:00p	5:00-5:30p	5:30-6:00p				
Yellow/Orange Age 7-9	4:00-4:30p	5:00-5:30p	4:00-4:30p	5:00-5:30p		10:35-11:05a	12:20-12:50p	
Orange & Up Age 10-12	5:30-6:00p	4:30-5:00p	5:30-6:00p	4:30-5:00p		11:10-11:40a	12:20-12:50p	
Teens	6:00-6:40p	6:00-6:40p	6:00-6:40p	6:00-6:40p		9:00-9:40a	11:30a-12:10p	
Adults	6:00-6:40p	6:00-6:40p	6:00-6:40p	6:00-6:40p		9:00-9:40a	11:30a-12:10p	
TMA Fit						8:00-8:45a	10:00-11:15a	
Performance	5:15-6:00p							
Sparring	6:45-7:30p		7:00-8:30p		11:45a-12:25p			
Leadership	4:30-5:10p							
Staff	6:45-8:45p							

WE'RE KICKING THROUGH CONSTRUCTION THIS FALL!

Our temporary training spot is at the end of the shopping center. We will be in the garden area under the event tents:



In October/November 2025, we are remodeling our facility for the first time in over 13 years! This transformation will include a fresh new design, larger training floor, and upgraded training space. This project is part of our commitment to giving our families the best possible martial arts experience.

Outdoor Training Reminders & Best Practices for Fall 2025:

Please help us create a safe and smooth experience for everyone by following these important reminders.

- **Students age 14 and under must be accompanied by an adult.** For safety, minors must be walked in and out by a parent or guardian. No curbside drop-off or pickup.
- **Keep your shoes on, unless you're on the training mat.** This is for student safety. We will be under event tents, but we are still subject to some outdoor conditions. Do not wander beyond the tent area.
- **Arrive on time (or early).** Give yourself time to park and get settled, so your student can have the best experience possible.
- **Keep conversations and phone/iPad volume low.** When in the tented area, please be mindful that students need to focus and instructors need their attention.
- **Be patient with our gear and tech.** We'll have limited inventory and internet access on-site, so gear/apparel purchases or using our system might take a little longer than usual.
- **Thank you for patience & understanding!** This temporary setup is a step toward an exciting new chapter for our school. We're so grateful for your support!

We Believe. You Belong.