



# STUDENT CLASS SCHEDULE

Effective Monday May 2, 2022

## CUBS: AGES 3 - 4      TIGERS: AGES 4 - 6

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Cubs</b> 3-4 years old						10:00- 10:30a	
<b>Tigers</b> 4-6 years old	4:50- 5:20p	4:55- 5:25p	3:45- 4:15p	4:00- 4:30p	5:30- 6:00p	10:45- 11:15a	

## YOUTH: AGES 7 - 12

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>White Belt Kids</b>	4:00- 4:45p	4:00- 4:45p	4:20- 5:05p	6:15- 7:00p	4:00- 4:45p	11:20a- 12:05p	11:30a- 12:15p
<b>Youth Kids</b> Yellow Belts & above	5:25- 6:10p	4:00- 4:45p	4:20- 5:05p	5:25- 6:10p	4:00- 4:45p	11:20a- 12:05p	11:30a- 12:15p

## PRE-TEENS: AGES 11+      TEENS/ ADULTS: AGES 13+

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Pre-Teens</b> (All Ranks)	6:15- 7:00p		6:00- 6:45p	4:35- 5:20p		9:00- 9:45a	11:30a- 12:15p
<b>Teen/ Adults</b> (All Ranks)		5:30- 6:15p		7:05- 7:50p	6:05- 6:50p	9:00- 9:45a	11:30a- 12:15p

## BLACK BELTS – 1<sup>st</sup> Degree & Up

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Black Belts</b> 1 <sup>st</sup> Degree & up			6:50- 7:40p			

## SPARRING      LEADERSHIP      BLACK BELT EXPERIENCE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Sparring</b>			LVL 2 5:10- 5:55p		LVL 2 7:00- 7:45p	
<b>Leadership</b>			7:50- 8 :30p (Black Belt Invite only)		4:45- 5:30p	10:00- 10:40a
<b>BBE</b>		Prep 6:15- 7:15p			LVL 2 & 3 7:00- 8:30p	Endurance 7:30- 8:30a

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